



Giving you the answers
you need to improve
your health.

Find your strength.



What's Your Gut Got to Do with It?

THE LINK BETWEEN FOOD SENSITIVITIES, INFLAMMATION AND CHRONIC DISEASE

PRESENTED BY:

Amy Rose Sager, Registered Dietitian, LDN, CLT
Nutritionist, Certified Leap® MRT Therapist
Specializing in digestive issues and plant-based eating

TOPICS WILL INCLUDE:

- What is Inflammation's Role in Chronic Disease?
- How Diet Impacts the Immune System
- Change your Diet, Change Your Gut Bacteria

FREE HEALTHY LIVING PRESENTATION

WHEN

Thursday, June 30
5:00pm

LOCATION

The Riverview School
551 Route 6A
East Sandwich

TO R.S.V.P.

508.833.4210

Seating is limited and
Pre-registration required.

Find us



www.spauldingrehab.org

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